

Dr. Kakul Hai

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Permanent Address: Flat no. 703, B5 Amber, MI Retreat Center, Arjunganj, Sultanpur Road,
Lucknow 226002. Uttar Pradesh

Date of Birth: May 2, 1982

Gender: Female

Nationality: Indian

Previous Positions

Guest Lecturer

Institute of Women's Studies, University of Lucknow, September, 2025 – June, 2026.

Courses taught: Gender Psychology

Manager – Education Initiative

RightWalk Foundation, Lucknow, October, 2024 – August, 2025.

Managed the implementation of the RTE Act in Uttar Pradesh, conduction of an international Edtech-focused research program in collaboration with University of Florida

Guest Faculty

University of Lucknow, September, 2024 – December, 2024.

Courses taught: Counseling Psychology, Research Methodology

Assistant Professor II

Amity University Uttar Pradesh, Noida. October, 2018 – March, 2024.

Courses taught: Social Psychology, Organizational Psychology, Counseling Psychology, Gender Psychology, Research Methods, General Psychology, Positive Psychology

Assistant Professor I

Manipal University Jaipur, Jaipur, Rajasthan. July, 2017 – January, 2018

Courses taught: Social Psychology, Organizational Behavior, Social Psychology, General Psychology

Guest Faculty

Jamia Millia Islamia University, New Delhi. July, 2016 – December – 2016.

Courses taught: Social Psychology, Counseling Psychology

Other Positions

Board of Directors and Joint Secretary

Mijwan Welfare Society, Mijwan and Mumbai, 2022 – present

Manager – Advocacy

Udayan Care NGO, New Delhi. February, 2018 – September, 2018.

Education

PhD. in Psychology (Social Psychology): Amity University, 2012 – 2016.

PhD. Dissertation (2016): *Relating Domestic Harmony with Positive Life Outcomes among Young Adults.*

GPA: 9.0/10.0

Master of Arts (MA) in Anthropology (Social and Cultural Anthropology): University of California, San Diego, 2008 – 2010.

MA thesis (2010): *Being a State in India: From Modern Traditionalism to Modern Cosmopolitanism – A Historical Overview.*

Master of Arts (MA) in Psychology (Social Psychology): San Diego State University, 2005 – 2007.

MA Thesis (2007): *College Education and Motherhood: Looking for Reasons behind the Implicit versus Explicit Divide.*

GPA: 3.64/4.0

Bachelor of Arts (BA) Honors in Psychology: Lady Shriram College, University of Delhi, 2000 – 2003.

Undergrad thesis (2003): *Communities and Communal Tension: Religious Identities and Social Prejudices in India.*

Marks obtained: 64% (1st Division)

High School (Class 12): La Martiniere Girls' College, 2000: Humanities (History, Political Science, Economics, English Literature)

Marks obtained: 92%

Previous Teaching Appointments

Academic Associate

Amity Institute of Behavioral and Allied Sciences (AIBAS), Amity University Uttar Pradesh, Lucknow Campus, December, 2011 – March, 2014.

Responsibilities: Teaching classes, grading, exam paper setting, research paper writing, assistance in mentoring MA theses, department administrative work.

Adjunct Faculty

Department of Psychology, Miramar College, San Diego Community College, California, Fall 2007 – Spring 2008.

Course: Taught two sections in Introduction to Psychology.

Adjunct Faculty

Department of Psychology, Cuyamaca College, San Diego Community College, California, Spring 2008.

Course: Taught one section in Social Psychology.

Journal Editorial Board

- Book Review Editor, *Institutional Children – Explorations and Beyond*. Bi-annual journal published by Udayan Care, New Delhi.

Books

- **Hai, K.** (2024). *Mirrored Reflections (Poetry Book)*. Bookleaf Publishing.

Book Chapters

- **Hai, K.** (2023). *Old Age and Mental Health*. Portrait of Ageing. Ed. Zarina Bhatti. Sage Publications.
- Rizvi, F. & **Hai, K.** (in print). *Casements of Selfhood: Pen portraits by/of Ismat Chughtai*. Harper Collins.

Journal Publications

- **Hai, K.,** Devos, T. & Dunn, R. (2014). Mixed aspirations: Distinctions and relationships between the implicit and explicit self-concepts of college women. *Self and Identity*, 13, 535-555.
- **Hai, K.,** Srivastava, M., Ulloa, E., & Ulibarri, M. (2014). From childhood sexual abuse to dating violence: Investigating the role of fear and depression. *Peaceworks*, 4(1), 11-26.
- **Hai, K.** & Agrawal, M. (2015). Striving for harmony at home: A qualitative inquiry. *Indian Journal of Positive Psychology*, 6, 266-275.
- Agrawal, M. & **Hai, K.** (2016). Women courts: An alternative justice system for women. *The Indian Journal of Social Work*, 77(1), 47-60.
- **Hai, K.** (2017). Book Review – The Orphan Train by Christina Baker Kline. *Institutional Children – Explorations and Beyond*, 4(1), 91-93.
- **Hai, K.** (2017). Measuring domestic harmony: A tool for positive family functioning. *Indian Journal of Positive Psychology*, 8(2), 123-131.
- **Hai, K.** (2018). Book Review – No Greater Love by Levi Benkert. *Institutional Children – Explorations and Beyond*.
- **Hai, K.** (2018). Interview with Prof. Mike Stein. *Institutional Children – Explorations and Beyond*.
- Klein, R. A., **Hai, K.** et. al (2018). Many labs 2: Investigating variation in replicability across samples and settings. *Advances in Methods and Practices in Psychological Science*, 1, 4, 443-490.
- Modi, K. & **Hai, K.** (2019). Trauma informed care for adverse childhood experiences among out-of-home-care children – Developing an understanding through case studies from India. *Scottish Journal of Residential Child Care*, 18, 1.
- Khurana, U., **Hai, K.** & Nayar-Akhtar, M. (2023). Effects of mindfulness based transactional analysis on craving belief: An intervention plan. *Boletín De Literatura Oral*, 10, 369-383.

Thesis Supervision

- One PhD awarded, 2024, *Intervention Model of Transactional Analysis and Mindfulness on Psycho-Social Well-being in Substance Abuse Patients*.
- 25+ Master's theses awarded.
- 50+ Bachelor's theses awarded.

Peer Review

- Reviewer for *Violence Against Women*, SAGE Publications – 3 articles reviewed.
- Reviewer for *Institutionalized Children – Explorations and Beyond*, An International Journal on Alternative Care – 3 articles reviewed.

Academic Paper and Poster Presentations.

- **Hai, K.**, McIntyre, D., Devos, T. & Dunn, R. (2008). *Mixed aspirations: Understanding the influences of college education and motherhood on the implicit and explicit self-concepts of college women*. Poster presented at the IXth Annual Meeting of the Society for Personality and Social Psychology, Albuquerque, NM.
- Viera, E., **Hai, K.**, Noto, M., & Devos, T. (2006). *Contextual variations in implicit academic identification among female college students*. Poster presented at the 86th Annual Convention of the Western Psychological Association, Palm Springs, CA.
- **Hai, K.** (2003). *Communities and communal tension: A study of religious identity and social prejudices in the Hindu and Muslim communities*. Paper presented at the Annual National Seminar, University of Allahabad, India.

Graduate Teaching Assistant Positions

Teaching Assistant

Human Development Program, University of California, San Diego, Fall 2010.

Course: Introduction to Human Development.

Responsibilities: Two discussion sections each week, grading weekly assignments and mid-term and final examination, preparation of mid-term and final examination, attending all lectures, participating in weekly meetings.

Reader (Teaching Assistant)

Department of Anthropology, University of California, Fall 2009.

Course: Childhood and Adolescence.

Responsibilities: Grading weekly quizzes and essay, and final term papers.

Teaching Assistant

Dimensions of Culture (DOC) Writing Program, Marshall College, University of California, San Diego, Fall 2008-Spring 2009.

Course: Diversity (Fall, 2008), Justice (Winter 2009), and Imagination (Spring, 2008)

Responsibilities: Two discussion sections per quarter, teaching writing structure and assisting with writing assignments, attending all lectures, grading writing assignments and exams, participating in weekly meetings.

Teaching Assistant

Department of Psychology, San Diego State University, Fall 2005.

Course: Developmental Psychopathology.

Responsibilities: Preparation of exam materials, grading, study sessions, preparation and facilitating of review sessions before each exam.

Teaching Assistant

Department of Psychology, San Diego State University, Fall 2005.

Course: Developmental Psychology.

Responsibilities: Preparation of exam materials, grading, study sessions.

Graduate Assistant Position

Graduate Assistant

Undergraduate Advising Office. Department of Psychology, San Diego State University, Spring 2006 – Spring 2007. Supervisor: Dr. Emilio Ulloa.

Responsibilities: Maintenance and upkeep of the undergraduate advising website (using Macromedia Dreamweaver), maintenance of the office database (using Microsoft Access), involvement in the recruitment and interviewing of new peer advisors.

Academic Research Position

Research Assistant

Intergroup Relations Lab. Department of Psychology, San Diego State University, 2005 - 2007.

Internship

Worked as a Research Assistant in the Department of Psychology at the University of Mannheim, Germany, under Dr. Dagmar Stahlberg, May-July, 2006.

Magazine Publications: Contributor to the magazine, *The Lucknow Observer*, a product of the Lucknow Society.

- ‘All for the Love of Cricket.’ June, 2014 issue.
- ‘Loafing in Landour,’ travelogue on Landour, Mussoorie. July, 2014, issue.
- ‘The Name is Bond... Ruskin Bond,’ interview with Ruskin Bond. August, 2014, issue.
- ‘Singing their way through University,’ interview with ‘Out of the Blue,’ a capella band of students from Oxford University, UK. August, 2014, issue.
- ‘If it’s Lucknow, it’s got to be Urdu,’ interview with five foreign students learning Urdu in Lucknow. September, 2014, issue.

Social Work (in India)

- Mediation counseling with Noida Police in Noida, India.
- Community counseling project headed at Amity University with two NGOs in Delhi NCR.
- Pro-bono work with Mijwan Welfare Society (MWS), NGO headed by Shabana Azmi

Responsibility: Writing for the website, and counseling.

- On the interview panel for YES program, Lucknow, Uttar Pradesh. November, 2014.
- Translator for American Jewish World Service (AJWS) on their Lucknow visit, 2014.
- Volunteer with Sanatkada and Sadbhavana Trust NGO, Lucknow, Uttar Pradesh. 2014 – present.

Responsibility: Proposal writing, translations of documents (Hindi to English, and English to Hindi), translating and preparing subtitles for video films, volunteer at the annual Sanatakada Festival.

- Volunteered work with an International NGO, Care India, Lucknow, Uttar Pradesh. 2011.

Responsibility: Documentation work for Sure Start Project, a project concerning Maternal and Newborn Health Care practices.

- Served as the in-house Counselor for NAZ, a New Delhi (India) based NGO dealing with HIV/AIDS. 2003 – 2004.

Responsibilities: Counseling and educating patients and their families about HIV/AIDS in the in-patient and out-patient clinics, making house visits for follow-up check-ups and counseling, carrying out developmental activities with children suffering from HIV/AIDS adopted by the organization.

- Volunteered work with a New Delhi-based NGO called RAHI (Recovery and Healing from Incest). 2000 – 2003.

Responsibilities: Organized lectures for spreading awareness and encouraging disclosure of child sexual abuse. Conducted a survey on Appreciative Enquiry. Conducted literature review for preparation of materials.

- Volunteered work at a juvenile delinquent home for young boys (120 hours) in New Delhi, India. 2000 – 2001.

- Interned at a Psychiatric Hospital, Noor Manzil, in Lucknow, Uttar Pradesh. 2000.

Responsibilities: Interacting with patients and their families, taking mental health status examinations, and conducting standardized assessments tests on patients suffering from schizophrenia and bipolar disorder.

Research Skills

- Extensive use of the statistical software package SPSS for quantitative data analysis.
- Conducting quantitative and qualitative research and analysis.