

**MANSIK SHAKTI**

A PROJECT FOR STUDENT MENTAL HEALTH



## MEMORANDUM OF UNDERSTANDING (MoU)

BETWEEN

**MANSIK SHAKTI FOUNDATION**

**MANSIK SHAKTI**

A PROJECT FOR STUDENT MENTAL HEALTH



**FREEDOM FROM POVERTY TRUST (FFPT)**

**(Sister Organization Of Freedom From Poverty Foundation, Canada)**



**KHWAJA MOINUDDIN CHISHTI LANGUAGE UNIVERSITY (KMCLU)**



*[Signature]*  
Registrar  
K.M.G. Language University  
Lucknow

*[Signature]*

## Memorandum of Understanding (MoU)

This Memorandum of Understanding is made and entered into on this 21 day of Feb, 2026

BETWEEN:

### 1. PREAMBLE

**Freedom from Poverty Trust (FFPT), India**, is the sister organization of **Freedom from Poverty Foundation (FFPF), Canada**. FFPT works in the areas of preventive healthcare, medical support for economically weaker sections, public health awareness, mental health wellness, depression and suicide prevention workshops, and educational support for financially disadvantaged students, with a focus on community empowerment and social development.

**Mansik Shakti Foundation (MSF)** is a non-profit organization committed to promoting mental health awareness, psychological well-being, and community resilience. The Foundation works to reduce stigma surrounding mental health and to make psychological support accessible to underserved populations. Through outreach programs, mental health screening initiatives, counselling awareness campaigns, and research-based interventions, MSF strengthens emotional well-being and promotes evidence-based mental health practices.

Freedom From Poverty Trust (India) and Mansik Shakti Foundation agree to work as strategic partners for the promotion of mental health wellness, including depression awareness and suicide prevention initiatives in academic institutions across India.

and

**Khwaja Moinuddin Chishti Language University (KMCLU)**, Lucknow, is a State University established by the Government of Uttar Pradesh with a distinctive mandate to promote higher education with a special emphasis on language studies, interdisciplinary learning, and social inclusion. The University is named after the revered Sufi saint Khwaja Moinuddin Chishti, symbolizing its commitment to values of harmony, knowledge, and service to society.

KMCLU offers a wide range of undergraduate, postgraduate, diploma, and research programs across disciplines including languages, social sciences, humanities, commerce, management, education, media studies, and information technology. The University promotes multilingual education and cultural understanding while fostering academic excellence and research innovation.

The institution places strong emphasis on:

- Inclusive and equitable education
- Skill development and employability enhancement
- Community engagement and outreach programs
- Research addressing social and developmental challenges
- Promotion of linguistic diversity and cultural heritage

Through academic rigor, research-driven initiatives, and community-oriented programs, KMCLU strives to contribute to intellectual growth, social empowerment, and regional as well as national development.

MSF and FFPT shall work as implementation partners for mental health wellness programs including depression awareness, suicide prevention workshops, and psychosocial support initiatives within **KMCLU**

## **2. OBJECTIVE**

The objective of this MoU is to promote collaboration in the areas of:

- Organization of structured Mental Health Awareness Programs
- Depression Management Workshops
- Suicide Prevention Campaigns
- Digital Mental Health Screening Initiatives for students and faculty
- Development of a Sustainable Campus Mental Wellness Framework
- Community health and social development initiatives
- Academic research and field-based studies
- Student internships and experiential learning
- Skill development and capacity-building activities
- Community empowerment and outreach programs

### **3. SCOPE OF COLLABORATION**

The collaboration may include, but is not limited to:

#### **3.1 Academic & Research Activities**

- Joint research projects and publications
- Field surveys, data collection, and analysis
- Dissertation and thesis collaboration
- Seminars, workshops, and academic conferences

#### **3.2 Community Outreach & Social Programs**

- Structured depression awareness workshops
- Suicide prevention and early identification programs
- Digital mental health screening and assessment tools (where appropriate)
- Faculty sensitization programs on student mental well-being
- Creation of referral pathways for students requiring professional support

#### **3.3 Student Development**

- Internship and field exposure opportunities
- Skill enhancement workshops
- Training and capacity-building programs

### **4. ROLES AND RESPONSIBILITIES**

#### **4.1 Freedom from Poverty Trust**

- Facilitate field coordination and community engagement
- Provide operational expertise in community health models
- Support outreach and implementation activities

#### **4.2 Mansik Shakti Foundation**

- Provide expertise in mental health interventions
- Conduct screening and psychosocial awareness initiatives
- Contribute to research design and documentation

#### **4.3 Khwaja Moinuddin Chishti Language University**

- Provide academic supervision and faculty guidance
- Facilitate student participation
- Support research methodology, documentation, and dissemination
- Extend institutional recognition in accordance with university policies

### **5. FINANCIAL UNDERSTANDING**

1. This MoU does not create any automatic financial obligation among the participating institutions.
2. Each party shall bear its own expenditures incurred during collaborative activities unless otherwise defined for a specific initiative.
3. In case any collaborative project requires external funding, the financial framework and administrative structure shall be clearly defined prior to implementation.

### **6. USE OF NAME AND LOGO**

1. Each party may use the name and official logo of the other participating institutions on its website, reports, brochures, and official communication materials solely to indicate collaboration under this MoU.
2. Such usage shall be subject to prior written consent and in accordance with the branding guidelines of the concerned institution.
3. The use of name or logo shall not imply endorsement, sponsorship, financial association, or legal partnership beyond the scope of this MoU.
4. Upon termination of this MoU, the parties shall discontinue use of each other's name and logo within a reasonable period.

## **7. CONFIDENTIALITY**

All confidential information shared during collaborative activities shall be protected and shall not be disclosed without prior written consent of the concerned party

## **8. INTELLECTUAL CONTRIBUTION**

Any publication, report, or academic output arising from joint initiatives shall acknowledge the contributions of all participating institutions. Ownership modalities, where applicable, shall be mutually determined in writing.

## **9. DURATION**

This MoU shall remain valid for a period of **Five (5) Years** from the date of execution and may be renewed upon mutual consent.

## **10. TERMINATION**

Any party may withdraw from this MoU by providing ninety (90) days prior written notice to the other parties.

## **11. GENERAL PROVISIONS**

- This MoU reflects the shared intent of collaboration among the parties.
- It does not create a legal partnership, joint venture, employment relationship, or binding financial commitment.
- Amendments shall be made in writing and endorsed by authorized representatives of all parties.

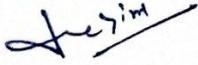
## SIGNATORIES

For Freedom from Poverty Trust  
(FFPT)

Name: Hemant Kumar Dixit

Designation: Vice President

Signature:



For Mansik Shakti Foundation  
(MSF)

Name: Dr. Amresh Shrivastava

Designation: Director

Signature:



For Khwaja Moinuddin Chishti  
Language University (KMCLU)

Name: Dr. Mahesh Kumar

Designation: Registrar

Signature:



Registrar  
K.M.C. Language University  
Lucknow

Witness 1.   
Dr Neeraj Shukla  
N.O. (MOO)

Witness 2.   
Dr Piyush Kumar Tripathi  
N.O. (Law)